Student Survey

2022 Regional Findings

Who we are

- Mission: PreventionFIRST! implements best practice strategies to reduce the risk of behavioral health disorders.

- It is our vision that All communities apply prevention strategies in every stage of life.

- We serve the tri-state region where Ohio, Indiana and Kentucky converge.

Our Prevention Approach

- Ensure data-driven decision making.

- Support community engagement.

- Implement evidence-based prevention by building & strengthening capacity across community sectors.

- Strengthen the prevention workforce and infrastructure by providing training, technical assistance, & mentoring.
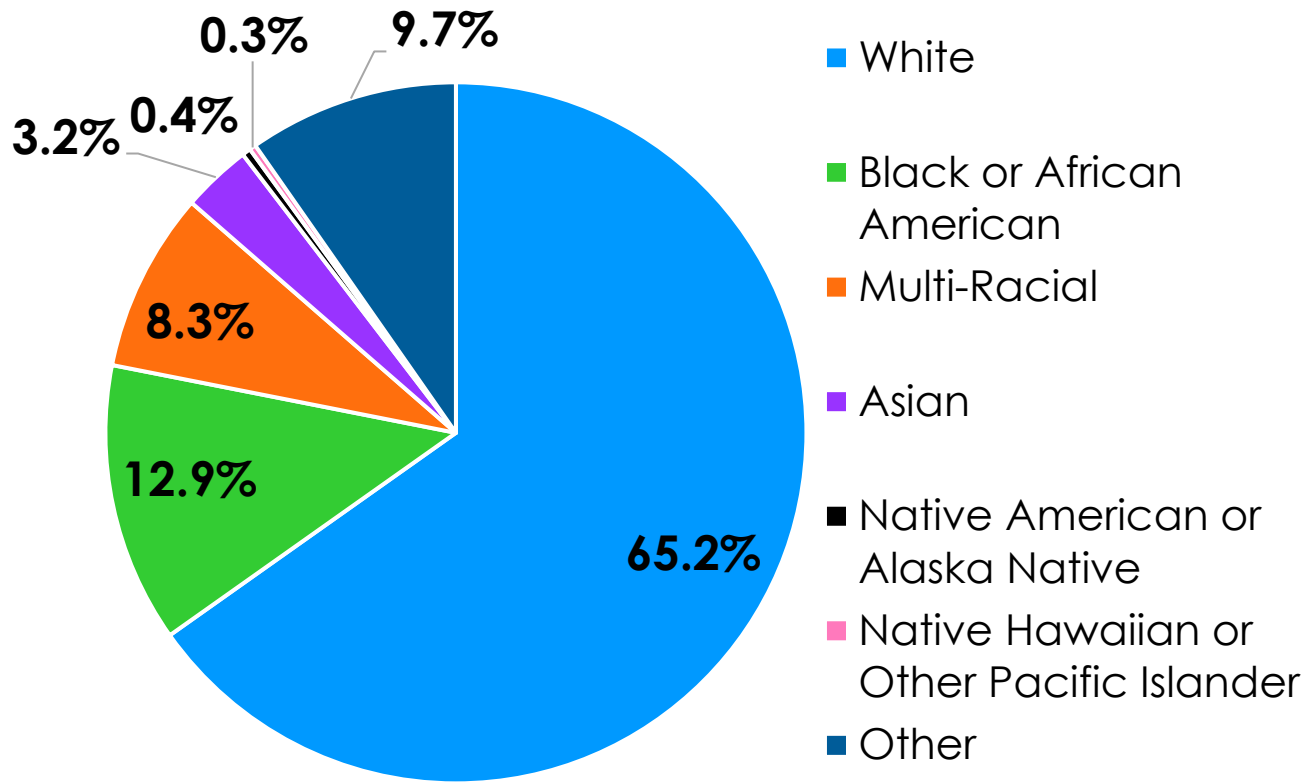
Survey Methodology

- Modified version Pride Surveys' questionnaire

- Administered every two years - 12th cycle since 2000
  - Collected September 15, 2021 – December 17, 2021

- Both online and paper versions

- 26,260 seventh through twelfth grade students from 60 schools completed the survey.

- Respondents from public & private schools across 4 counties in southwest Ohio.
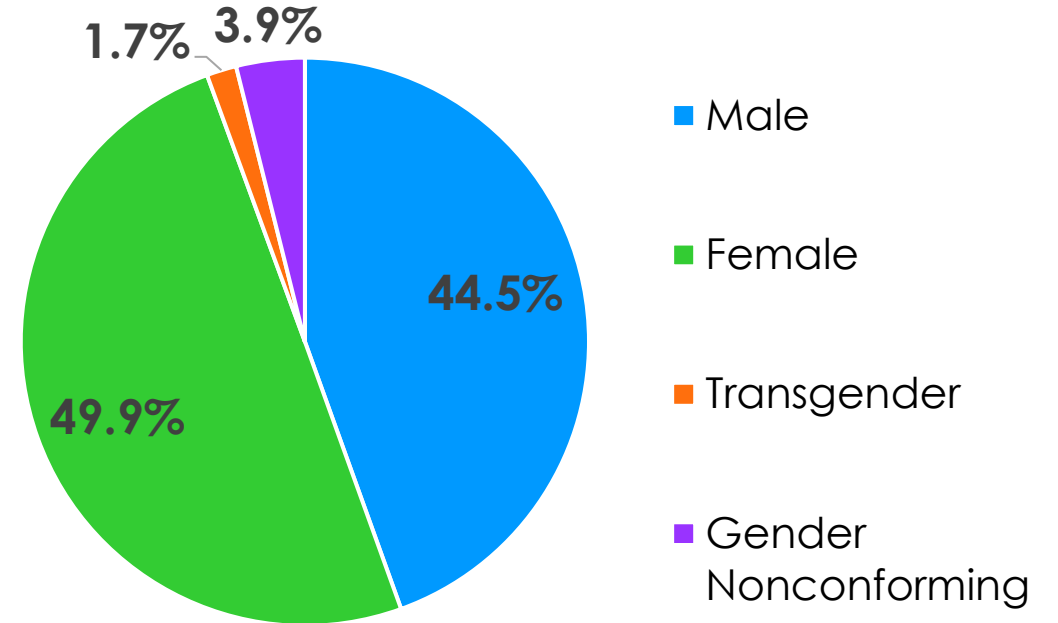
Demographics

Race

- White — 65.2%
- Black or African American — 12.9%
- Multi-Racial — 8.3%
- Asian — 3.2%
- Native American or Alaska Native — 0.4%
- Native Hawaiian or Other Pacific Islander — 0.3%
- Other — 9.7%

Gender

- Male — 44.5%
- Female — 49.9%
- Transgender — 1.7%
- Gender Nonconforming — 3.9%

Definitions

- **Alcohol:** Beer; Liquor; Coolers, hard lemonade, hard seltzers etc.

- **Tobacco:** Cigarettes; Smokeless Tobacco; Cigars, Cigarillos or Little Cigars

- **Marijuana:** Weed, Pot, Kush, etc.

- **Prescription Drugs:** Pain medication; Stimulant; Sleeping medication; Sedative/Anxiety

- **E-vapor:** Electronic Vapor Product, E-cigarettes, Vaping Pens, E-cigars, E-pipes, Vape pipes, E-Hookah, Hookah Pens, etc.

Definitions

- **Risk Factors:** characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes.

- **Protective Factors:** characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact. Protective factors may be seen as positive countering events.

Understanding Your Report

Sections

- Table of Contents: Page 3
- Demographic Information: Page 7
- Core Measures: Page 9
- Risk and Protective Factors: Page 11
- Graphs and Figures: Page 12
- Percentage Tables: Page 220
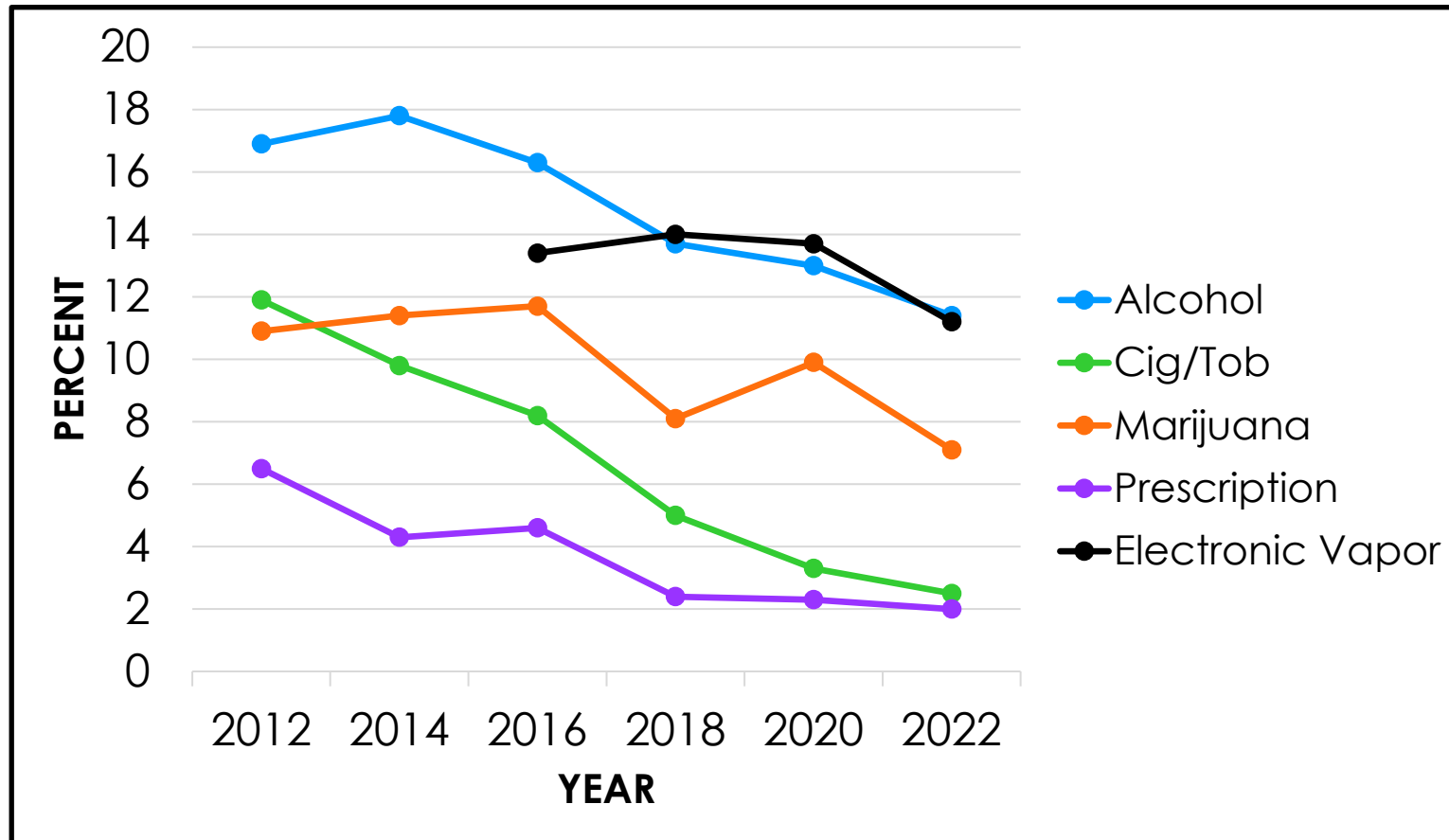- Core Measures Break Out: Page 327

2022 Results & Trends

Prevalence of Use

2022 Student Survey	During the past 30-Days…
Alcohol	11.4%
Electronic-Vapor	11.2%
Marijuana	7.1%
Cigarettes	2.5%
Prescription Drugs	2.0%

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30-Day Use of Alcohol, Cigarettes, Marijuana, Prescription Drugs and Vaping

National Comparison of 12th gr.

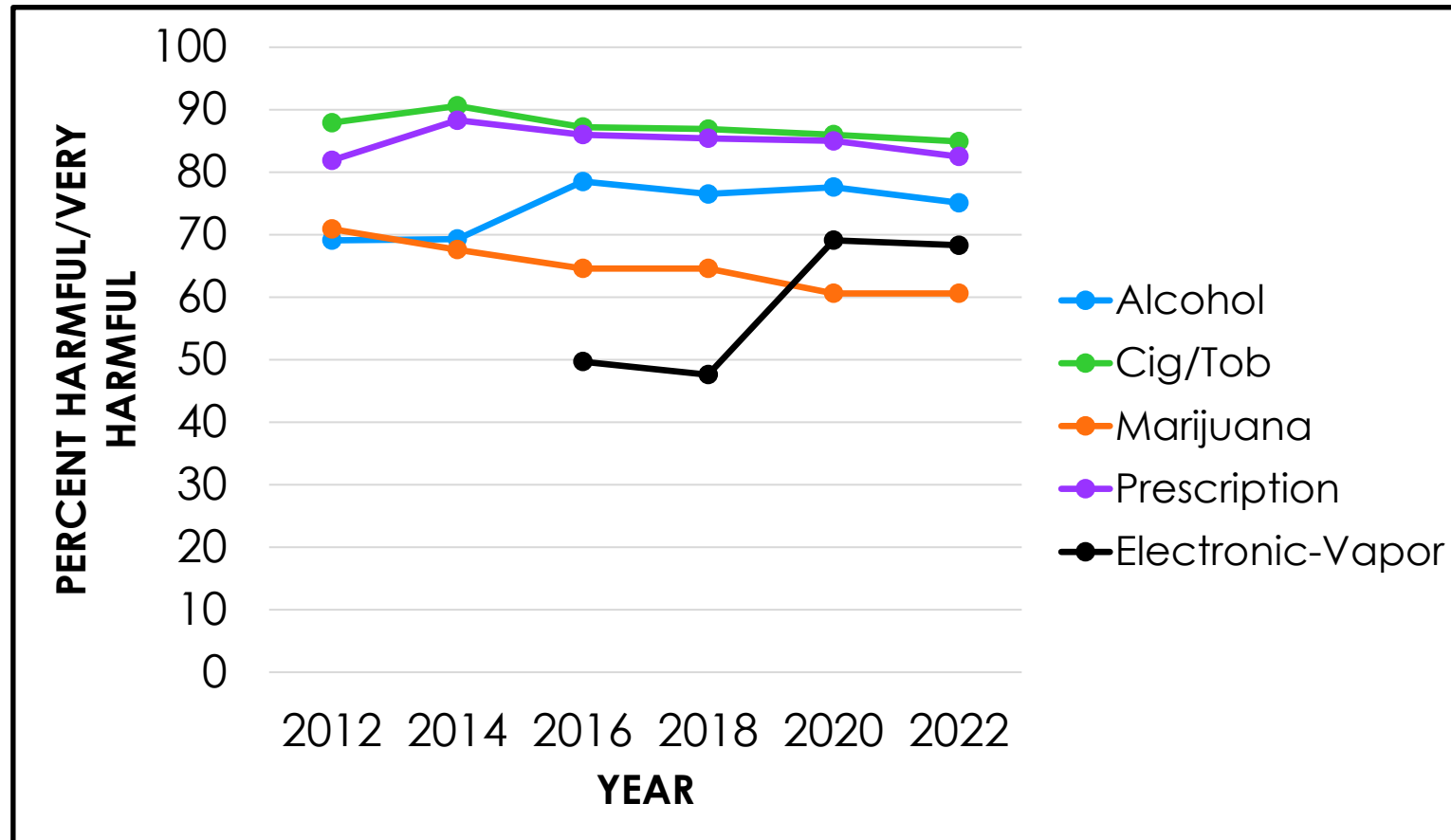| 30-Day Use	Student Survey 2022	National* 2021
Alcohol	23.8%	25.8%
Cigarettes	4.2%	4.1%
Marijuana	14.9%	19.5%
Prescription Drugs	1.7%	2.1%
Electronic Vapor	18.1%	19.6%

*National data is taken from Monitoring the Future

Perception of Harm

2022 Student Survey	Harmful/Very Harmful
Alcohol	75.1%
Tobacco	84.9%
Marijuana	60.6%
Prescription Drugs	82.5%
Electronic-Vapor	68.3%

Perception of Harm

Perception of Parental Disapproval

2022 Student Survey	Wrong/Very Wrong
Alcohol	85.0%
Cigarettes/Tobacco	93.3%
Marijuana	88.9%
Prescription Drugs	94.1%
Electronic-Vapor	90.9%

Perception of Parental Disapproval
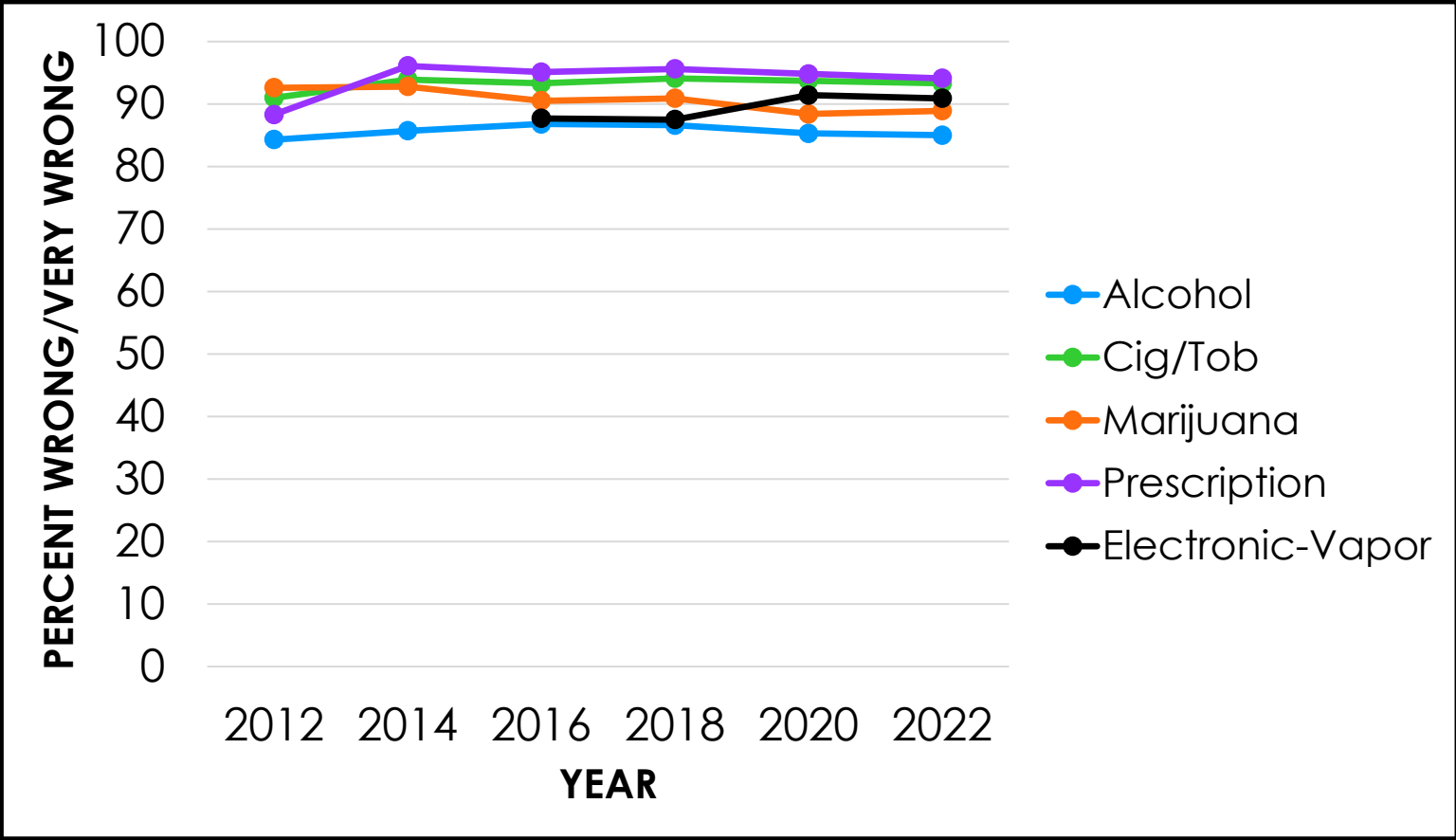
Perception of Friend Disapproval

2022 Student Survey	Wrong/Very Wrong
Alcohol	64.9%
Cigarettes/Tobacco	80.0%
Marijuana	71.1%
Prescription Drugs	87.0%
Electronic-Vapor	68.4%

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Perception of Friend Disapproval
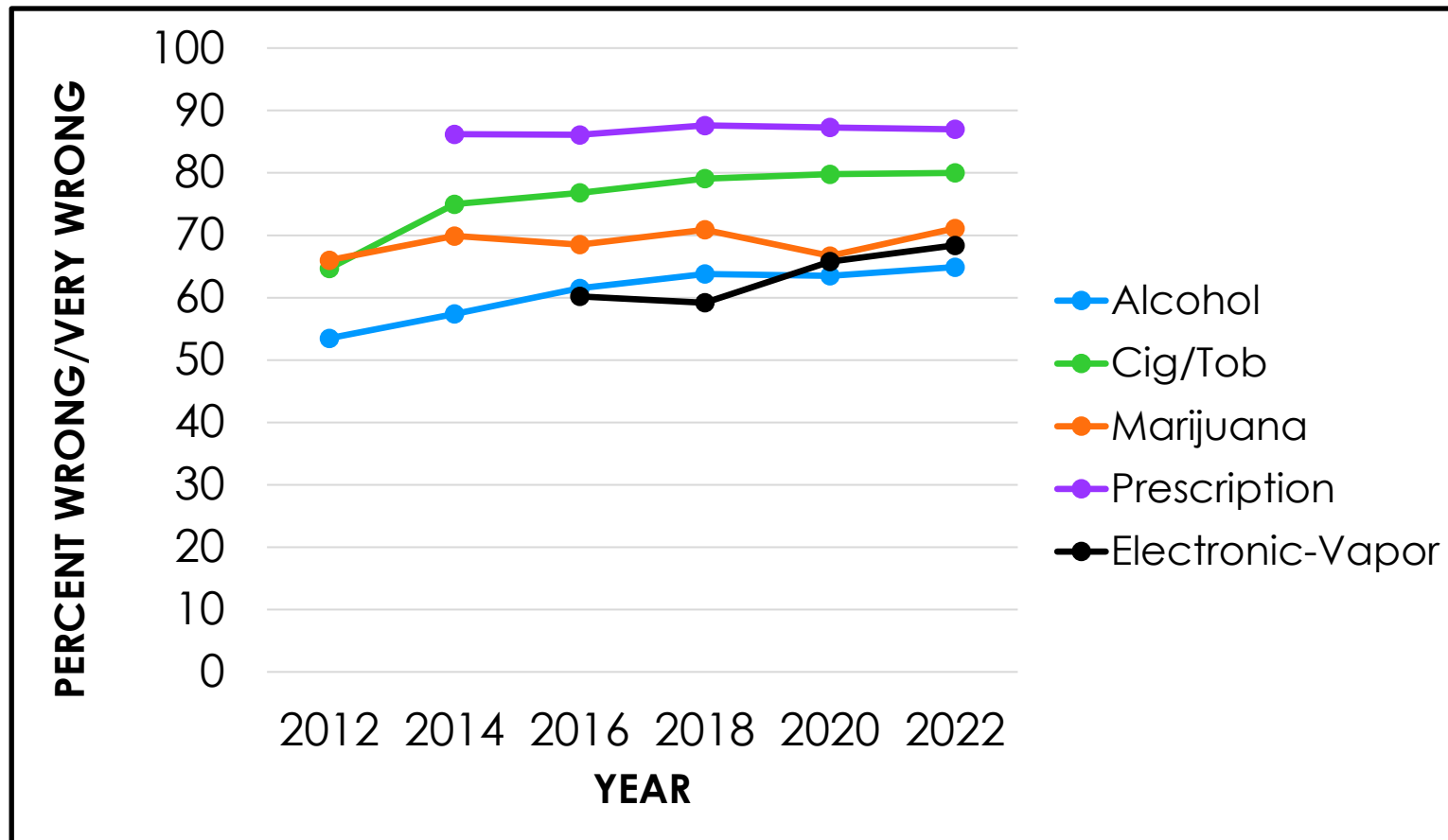
Perception of Availability

2022 Student Survey	Fairly Easy/Very Easy
Alcohol	31.5%
Cigarettes/Tobacco	25.7%
Marijuana	21.9%
Prescription Drugs	18.0%
Electronic-Vapor	34.1%

Perception of Availability
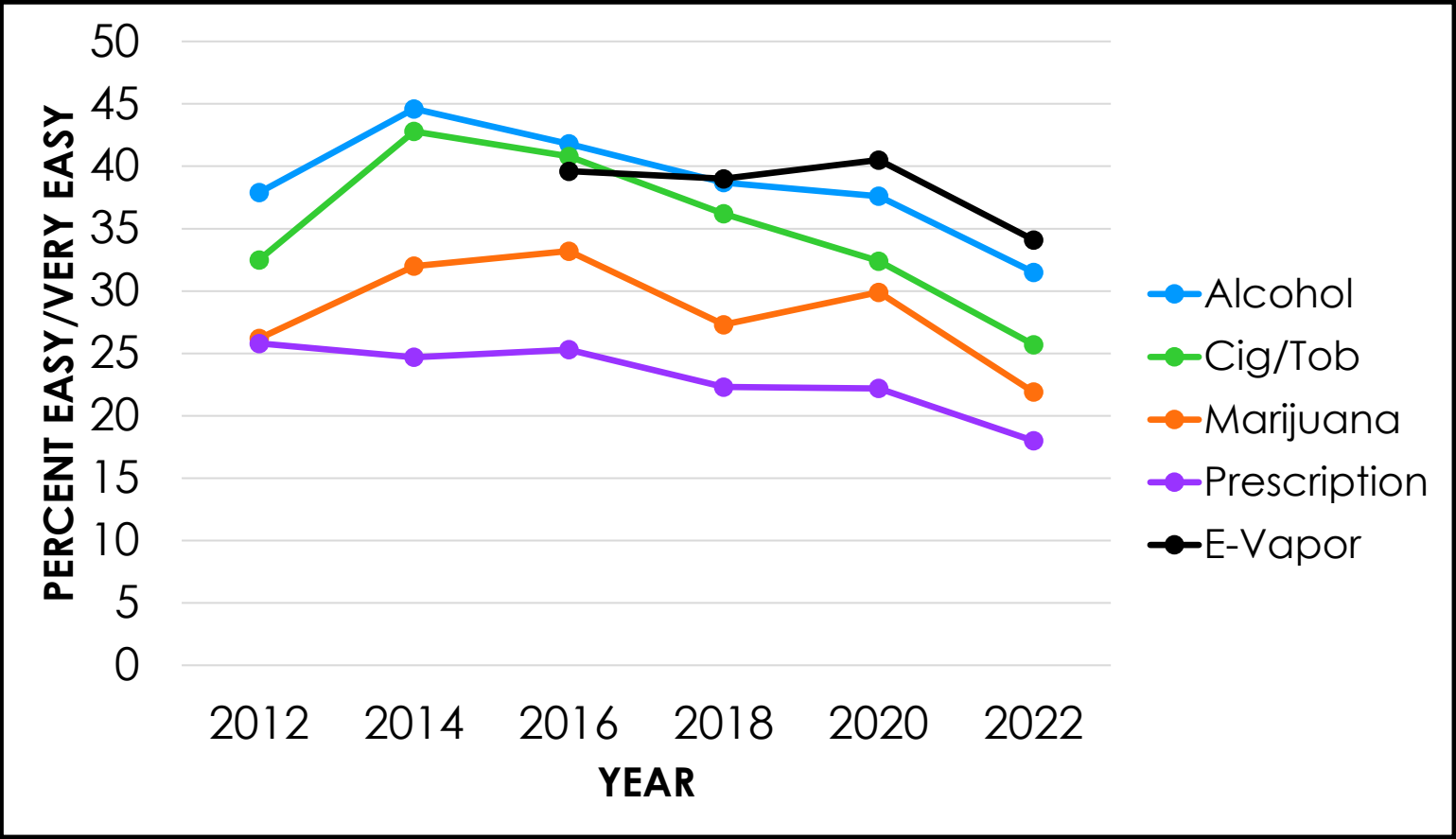
Average Age of First Use

2022 Student Survey	Average Age Students Report First Using a Substance
Alcohol	12.6 yrs.
Cigarettes/Tobacco	12.7 yrs.
Marijuana	13.7 yrs.
Prescription Drugs	11.9 yrs.
Electronic-Vapor	13.4 yrs.

Mental Health & School Climate

Feelings in the last 30 days

2022 Student Survey	All/ Most of the Time
Nervous or anxious	38.8%
Depressed, sad, or hopeless	24.1%
A desire to be alone all the time (avoiding people and activities)	29.2%

Other Mental Health Factors

2022 Student Survey	Often / A lot
Stress	53.2%
Suicide Ideation	10.9%
My emotions cause problems in my life at school.	25.1%
Screen time	55.4%
Video games affected school / work	14.6%

I can discuss my personal problems with…

2022 Student Survey	Often/ A Lot
One adult in my home.	51.9%
One adult at school.	27.7%
One friend.	61.4%
One adult outside of my home and school.	33.8%

Emotional Resilience

2022 Student Survey	Often/ A Lot
Can pull yourself out of a bad mood	40.4%

Sleep

2022 Student Survey	Average School Night
4 or less hours	8.7%
5 hours	11.4%
6 hours	20.1%
7 hours	25.9%
8 hours	23.8%
9 hours	7.5%
10 or more hours	2.6%

School Climate

2022 Student Survey	True
Students help each other when they are hurt or upset.	44.6%
At least one adult in my school really cares about me.	54.3%
Teachers help students cope with stress.	34.8%
Teachers in our school tell me that it's okay to have my feelings.	38.8%

Next Steps

What Can We Do With You

- One page summaries

- Presentations
  - Parents
  - Students
  - School Boards
  - Staff Meetings

- 1:1 Administration Meetings

Guiding Communities to a Vibrant Future

How can we do better?

- Registration process
- Administering the Survey
- Accessing your online data report
- Navigating your data report
- Question Changes/ Suggestions

Questions

- Thank you for participating in this important survey

- Thank you to our partners who helped to fund the survey

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